



Thinking about retiring?  
Need help understanding your pension options?

# One-on-One Information Sessions 2020

## Two Ways to Register

**Online** - Go to [MEPP.ca](http://MEPP.ca) and log into your mypensionplan account (once logged in, click on “Book an Information Session”)

**Phone** - Call the Member Services Centre at 1-877-889-MEPP (6377)

Sessions are 30 minutes long. Remember to update your personal and relationship information prior to booking your one-on-one session.

To find out how to prepare for a one-on-one session, go online at [MEPP.ca/one-on-one](http://MEPP.ca/one-on-one).

All locations are scent-free.

## Spring 2020 Dates

### Calgary

March 18 - 19  
April 1 - 2  
April 20 - 22  
May 12 - 13

### Edmonton Downtown\*

April 15  
April 17

### Fairview

April 7

### Grande Prairie

May 13 - 14

### Lethbridge

May 6 - 7

### Red Deer

April 21 - 22  
May 20 - 21

\*Sessions are available year-round in south Edmonton.